

Our Door is always open for you!

Mind BLMK's Crisis Cafés
Supporting people across
Bedfordshire, Luton & Milton Keynes

Where?



Biggleswade



Location:

The Lawns Resource Centre, The Baulk, Biggleswade,
Bedfordshire SG18 0PT

Open 5.30pm - 11.00pm (Thursday & Friday)



To find out more:

 **01525 722225**

 **crisiscafe@mind-blmk.org.uk**

 **Mind BLMK**

www.mind-blmk.org.uk

Charity No. 1068724