

# Our Door is always open for you!

**Mind BLMK's Crisis Cafés**  
Supporting people across  
Bedfordshire, Luton & Milton Keynes

**Where?**



Luton



**Location:**

Luton Wellbeing Centre,  
45-56 Dumfries Street, Luton LU1 5BP

**Open 5pm - 11pm (7 days a week)**



**To find out more:**



**01525 722225**



**crisiscafe@mind-blmk.org.uk**

 **Mind BLMK**

[www.mind-blmk.org.uk](http://www.mind-blmk.org.uk)

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