



Where?



Central
Beds



Young Person's Wellbeing Navigator Service

Wellbeing and mental health support

**Drop in session at Flitwick Hub every Thursday (4.00pm - 6.00pm)
The Hub Dunstable Road, Flitwick MK45 1HP**

For more information please contact:

e: ypwns@mind-blmk.org.uk

t: 0300 330 0648



**Central
Bedfordshire
Council**
Working in partnership



**Bedfordshire, Luton
and Milton Keynes
Integrated Care Board**



www.mind-blmk.org.uk

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