



UPDATE

Young Person's Sanctuary

Where?



Luton

Supporting young people's mental health across Luton

4-10pm

14-17yrs



A safe, non-judgemental, and relaxed space

Virtual sessions only



EVERY TUESDAY

Please note that between 26th Sept to Dec 19th, Luton YPS will be offering virtual 1:1's only

Also available to all young people in Bedford & Bedfordshire

Appointments are bookable by emailing: YPS@mind-blmk.org.uk



To find out more:

0300 330 0648

YPS@mind-blmk.org.uk

