



Young Person's Sanctuary

Supporting young people's mental health across Luton

Location:

Young Persons Hub, ResoLUTiONs,
89 Castle Street, Luton LU1 3AJ

Open 4pm - 10pm



To find out more:

📞 0300 330 0648

✉️ YPS@mind-blmk.org.uk

www.mind-blmk.org.uk

Charity No. 1068724

Mon - Sun

14-17yrs



there is always
someone there
who will listen

4-10pm

A safe, non-
judgemental,
and relaxed space



East London
NHS Foundation Trust