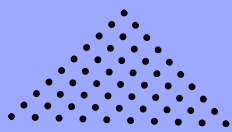


Young Person's Sanctuary

Supporting young people with mental health across Bedfordshire



Where?



Leighton Buzzard



**OPENING
TIMES**
4-10pm

**A safe and non-
judgemental,
relaxed space**

**No appointment
necessary**

14-17yrs



Location:

Meadow Way Community Centre, Leighton Buzzard LU7 3FS
Wednesday, Thursday & Friday (4.00pm – 10.00pm)



To find out more:

☎ 0300 330 0648

✉ YPS@mind-blmk.org.uk

www.mind-blmk.org.uk

Charity No. 1068724



East London
NHS Foundation Trust