

# Meet Our Trustees

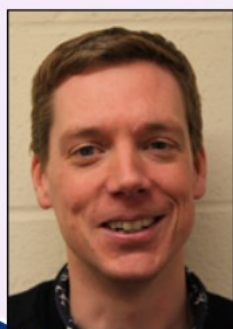
All Trustees are volunteers supporting the work Mind BLMK does. Trustees and Board members have to comply with a variety of legal requirements affecting the charity and volunteer sector.

Chair of Trustees



**Simon Clarke** is the Chair of Mind BLMK's board of trustees. He spent 25 years in investment banking in a wide variety of roles, encompassing corporate banking, aircraft financing, strategic development, performance management, M&A and leveraged finance, including acting as Chief Operating Officer during the development of a business in Paris and then establishing and running a highly successful leveraged finance platform in New York. In his spare time Simon enjoys running, cinema and travel.

**Steven Horner** is a retired Chartered Accountant, having experience in various areas of the private sector covering consultancy in a variety of industries and employment as Finance Director in major printing, property and media companies. The final years of his career were spent in the NHS, where part of his work covered new initiatives and the related contracts. Steven provides support to the Board on financial matters as a member of the Finance Committee and is Chair of the Business Development Committee on a volunteer basis.



**James Culling** is a communications specialist with nearly 20 years of not-for-profit experience. Although starting his career in Marketing and Public Relations, he now specialises in Fundraising at Parkinson's UK. He has also worked for a wide range of charities and organisations within the sector – including disability, cancer, development and mental health (having previously worked for National Mind). James joined the Mind BLMK Board in October 2016 and is a member of the Business Development Committee.





**Lesley Broughton** is a chartered occupational psychologist and Fellow of the Institute of Personnel & Development, having worked at HR Director level shaping strategy, implementing policy and managing change. With a keen interest in mindfulness-based coaching and positive psychology practices, she first became involved with MIND BLMK as a volunteer trainer supporting wellbeing initiatives for the Leighton Buzzard centre. Lesley is a member of the Workforce and Health & Safety Committees.

**Helen Donovan** has been recently appointed as a Trustee in 2018. She is a Consultant Clinical Psychologist who has worked in NHS mental health services in Bedfordshire and Luton since emigrating from Australia to the UK in 2002. As a senior clinician, Helen has developed and led teams and services across NHS, private and third sector settings. She is also trained in quality improvement and has particular interests in pathway review and redesign, co-production with service users, and workforce wellbeing. Helen sits on the Workforce and Health & Safety Committees.



**Drew Baxter-Gibson** is a culture and communications specialist, having worked in HR and Marketing functions in the Financial Services sector. Currently, Drew looks after the Wellbeing strategy for Santander UK, helping to promote Physical, Mental, Financial and Social Wellbeing for the bank's employees. Drew helped to launch and chairs Santander's Mental Wellbeing Network, which raises awareness of support and equips people with the tools to develop positive mental wellbeing. In his spare time, Drew enjoys sport, following politics and listening to podcasts. He has previously worked with Mind BLMK as a mentor, ambassador and fundraiser.

