

Please provide as much information as possible to enable us to support you effectively.

At least **one contact method** must be provided in order for us to be able to contact you regarding your referral.

Your Details	
Forename *	
Preferred Name	
Surname *	
Date of Birth *	
Gender *	□ Male□ Female□ Non-binary□ Prefer not to say□ Unknown
Is your gender the same as the gender you were assigned at birth?	☐ Yes☐ No☐ Prefer not to say☐ I don't know
Preferred Pronouns	
Ethnicity	 □ Asian or Asian British – Bangladeshi □ Asian or Asian British – Chinese □ Asian or Asian British – Indian □ Asian or Asian British – Japanese □ Asian or Asian British – Pakistani □ Asian or Asian British – Other □ Black or Black British – Caribbean □ Black or Black British – Caribbean □ Black or Black British – Other □ Mixed – Asian & White □ Mixed – Black African & East Asian □ Mixed – Black African & White □ Mixed – Black Caribbean & East Asian □ Mixed – Black Caribbean & South Asian □ Mixed – Black Caribbean & White □ Mixed – East Asian & White □ Mixed – Other □ Other – Arab □ Other – Another background □ White or White British – White British □ White or White British – White Irish



	□ White or White British – Eastern European
	☐ White or White British – Other
	□ Prefer Not to Say
	☐ Unknown
If other, please specify	
Telephone - Landline	
Telephone – Mobile	
Email Address	
How would you like us to contact you?	□ Call – Landline□ Call – Mobile□ Email□ Post
Are we okay to leave a message if we	□ Yes
cannot contact you? *	□ No
,	□ Don't Know
Address	
Address 1 Address 2	
Town *	
County	
Post Code	
If you are referring on behalf of anoth following section.	ner individual, please complete the
Name of referrer	
Email	
Telephone	
Organisation address	
Is the person you are referring aware of	□ Yes
this referral?	□ No
	□ Don't Know
Is the person you are referring happy	□ Yes
for us to feedback to you, the referrer,	□ No
directly?	□ Don't Know
Does the person have a risk	□ Yes
assessment or care plan in place?	□ No
	□ Don't Know
Equal Opportunities and Disability Monito	pring
Do you have any access requirements	□ Yes
we need to be aware of? (i.e. language,	□ No
disability or other)	



If yes, please provide a brief	
description	
Further Information	
How did you hear about Mind BLMKs services?	 □ 111 Option 2 □ Ambulance □ CMHT/Recovery Team □ Counselling □ Drugs or Alcohol Services □ Event □ Friend or Family □ GP □ IAPT □ Online: Search Engine or Social Media □ Other □ Other Voluntary Organisation □ Police □ Social Prescriber □ Social Worker □ Workplace or University
Which service are you interested in? *	 □ Bereavement by Suicide (Milton Keynes) □ Central Bedfordshire Mental Health and Wellbeing Hub □ Complex Emotional Needs Peer Support Group (Milton Keynes) □ Crisis Recovery Service (Milton Keynes) □ DBT Graduate Peer Support Group (Bedfordshire & Luton) □ Peer Mentoring (One-to-One – Bedford & Central Bedfordshire) □ Peer Support (Bedford & Milton Keynes) □ Suicide Prevention Pathways Service (All Areas) □ Wellbeing Groups (Luton) □ Young Person's Wellbeing Navigator Service (Central Bedfordshire)
Please can you tell us more information about what support you are looking for and why?	



Data Protection & Confidentiality

Mind BLMK adheres to the Data Protection Act 2018's principles of good information handling and the EU General Data Protection Regulation 2018.

This means that your information will be:

- Fairly and lawfully processed
- Processed for limited purposes
- Adequate, relevant and not excessive
- Accurate and up-to-date, not kept for longer than necessary, and secure.

Please indicate below if you consent to Mind BLMK collecting, recording and processing your personal data for the purpose of providing you with support and to ensure your health, safety and wellbeing. Mind BLMK will use your information appropriately and in line with our Privacy Policy which you can see here: https://www.mind-blmk.org.uk/privacy-policy

Your details will not be shared with anyone else without your consent. If you have any concerns or questions about how your personal data is collected and used, please ring our HQ on 0300 330 0648 or email hq@mind-blmk.org.uk. Please note that without your consent, you will not be able to submit this form and access Mind BLMK's services.

Please note: Where information is given in confidence that Mind BLMK believes poses a risk to the service user, a risk to other people, a risk to the safety and welfare of a child, or is against the law, we reserve the right to disclose that information to a relevant third party.

Please tick the box to confirm you agree with the above statement. *	 Yes, I confirm I agree with this statement.
Full name of person providing consent	
Signature of person providing consent	