

Role Profile: Lived Experience Facilitator

This role offers an exciting opportunity to join our Peer Support service for Central Bedfordshire and Bedford.

As a Lived Experience Facilitator, you will be at the heart of the service, using your lived experience of mental health difficulties and recovery to facilitate and guide peer support group sessions.

You will also hold a one to one mentoring caseload, using your lived experience to empower people to take meaningful, practical steps in their recovery, supporting them to building confidence, resilience and independence within their communities.

In addition, you will assess individuals' suitability for the service and signpost to wider services where necessary. There will also be opportunity to support events in the community to raise awareness of Mind BLMK services and build professional relationships with local organisations.

You will need to be empathetic, energetic and deliver a person-centred approach in a non-judgemental way, collaborating with people to empower and engage them.

The successful candidate will work with the Bedfordshire Wellbeing Hub Service Manager to ensure that the Peer Support service is delivered effectively in line with best practice.

How to apply:	Download Mind BLMK's Employment Application form from the How to apply: website (www.mind-blmk.org.uk) and submit your completed application to recruitment@mind-blmk.org.uk
Post no:	669
Start date:	ASAP
Job title:	Lived Experience Facilitator
Working base:	Mind BLMK HQ - Flitwick
Area covered:	Bedfordshire– Dunstable, Biggleswade, Leighton Buzzard and Ampthill and Bedford
Reports to:	Bedfordshire Wellbeing Hub Service Manager
Contract type:	Permanent
Salary:	Actual Salary £9,913.80 per annum (£24,454.04 FTE)
Contracted hours:	15 hrs
Working days:	Tuesday, Wednesday, Friday
Working hours:	5 hrs per day Tuesday – (HQ 10am to 12pm) and (Ampthill) 12pm to 3pm OR (10am to 3pm) Leighton Buzzard

	Wednesday – HQ (Flitwick) 10am to 3pm Friday – 10am to 3pm (Biggleswade)
Flexibility required:	Occasional evenings and/or weekends to attend events/meetings
Checks needed:	Enhanced DBS and 2 satisfactory references

Job Description

Service Delivery

- Facilitate Peer Support groups, ensuring outcomes which support individuals with mental health and wellbeing needs, working in line with Mind BLMK's agreed peer support model, contract requirements and achievement of service Key Performance Indicators (KPI's).
- Hold a mentoring caseload, delivering 1-2-1 support sessions in line with the agreed model, supporting individuals to take practical steps in their recovery journey and work towards meaningful personal goals.
- Use own lived experience of mental health challenges to show hope, empathy and understanding in a safe space where people feel accepted. Share ideas and approaches that support the improvement of mental health and wellbeing and embed this in working practices as a peer.
- Carry out assessments on individuals' suitability for the service in line with the Access to Service processes and procedures and the needs, priorities and support required by the individual.
- Signpost individuals to wider services and encourage and support people to access local activities, community services and other Mind BLMK services.
- Encourage and support service user engagement with Mind BLMK through Guarantor Membership and other opportunities available through Influence and Participation.
- Contribute to recruitment, onboarding, supporting and maintaining an effective volunteer workforce for peer support and mentoring in line with Mind BLMK's policies, procedures and guidance.
- Carry out health and safety responsibilities as directed by the Service Manager in line with Mind BLMK's H&S policies, procedures and guidance (risk assessments, reviews, reporting, safeguarding, incidents/accidents, premises).
- Carry out responsibilities as directed by the Service Manager for the collection, updating, monitoring and reporting of service data in line with Mind BLMK's contract and systems requirements and procedures.

PR

- When required and as directed by the Service Manager, represent Mind BLMK in Central Bedfordshire and Bedford to ensure an external presence to promote Mind BLMK's services to increase awareness and beneficiaries.
- Identify and build good working relationships with community groups, relevant

services and activities for partnership work and signposting, as well as keep updated information about them.

General

- Work within the ethos, vision and values of the organisation and in line with the organisation's policies and procedures.
- Establish and maintain effective working relationships with the Mind BLMK team and relevant key post holders.
- Attend and contribute to meetings relevant to the role (own supervision, appraisal, staff, peer group, AGM, and external as required).
- Commit to and complete training and qualifications identified for the role in line with organisational need, Staff Development and Training policies and procedures.

Person Specification	Essential/ Desirable
Experience	
Own personal lived experience of mental health challenges and recovery	E
Minimum of 2 years' experience working with people with mental health needs and supporting recovery.	E
Working within a small service within a wider organisation, including delivering a service against performance targets.	E
Using a dedicated database/system for recording and reporting service data.	D
Working with, coordinating and supporting volunteers.	D
Group facilitation	D
Skills, abilities and knowledge	
Understanding of peer support	E
Evidence of good interpersonal skills and an ability to form appropriate peer relationships with service users	E
Establish and maintain constructive working relationships with a wide range of people.	E
IT (MS Outlook, Word and Excel and internet).	E
Good literacy and numeracy skills.	E
Good communication, motivational and negotiation skills.	E
Valid driving licence and access to a car for work.	E
Understanding the wellbeing needs of and working with people with mental health needs, including those from culturally diverse communities.	E
Knowledge of local community activities and leisure facilities.	D
Promoting a service.	D
Assessing clients' needs and potential risks	D
Qualifications and training	
Level 3 Social Care or equivalent qualification.	D